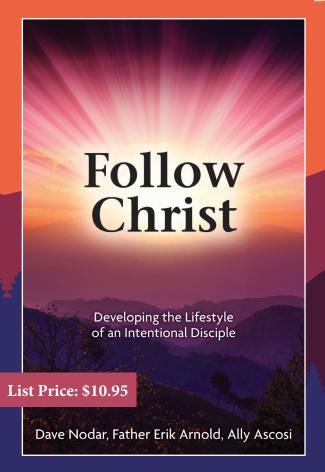
"How wonderful it is **to be surprised by God's call**, to **embrace his word**, and to **walk in the footsteps of Jesus.**"

– Pope Francis

What does it mean to follow Jesus today? How do we develop the lifestyle of a disciple?



In Following Christ: Developing the Practices of an Intentional Disciple, authors Dave Nodar, Fr. Erik Arnold, and Ally Ascosi teach us basic disciplines essential to discipleship.

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- Taking the Bible down from the shelf and applying the word of God in your life
- Engaging the power of the sacraments to live for Christ
- Learning to forgive others
- Entering a life empowered by the Holy Spirit

Finally, you'll learn to recognize and combat the struggles that often accompany those who choose to follow Christ.

Pope Francis said, "Let us ask ourselves: How do I follow Jesus?" Follow Christ practically helps us begin.

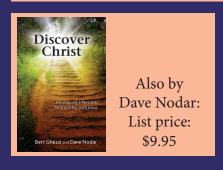
Based on the ChristLife "Following Christ" DVD series. Find out more at **christlife.org/follow**

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